

GET YOUR TEETH INTO THESE!

We test the cheaper options on the pearly-whites market

● **Colgate Dental Gum Sparkling Mint Whitening, 49p**, gives you fresh breath and contains silica which helps to reduce surface stains to keep teeth white. This isn't going to work wonders, but if you don't smoke or drink gallons of coffee you'll be able to see a difference and the freshness will keep your teeth feeling fresh all day long. ●●●

● **Beverly Hills Formula Natural White Total Protection, £3.99**, cleans Tara PT's gnashers and gives a quick-fix whiteness. ●●●

● **L'Oréal Paris Invincible Lipstick in Crimson Extreme, £7.99**, will make your teeth look whiter thanks to its bluey tone – orangey lipsticks will make your teeth look more yellow. This is a quick, simple way to make them appear whiter, but doesn't solve any long-term problems. ●●●

Julia Roberts and Caprice swear by **Denblan Whitening, Brightening Toothpaste, £10.95**. It'll make your teeth look brighter after about a month of brushing. ●●●●

● **Boots Xtra Clean, £30**, is a cleaning process using a tooth-jet wash of water, bubbles and bicarbonate of soda to leave you with a fab fresh lemon taste and whiter teeth – ideal for a big night out! It lasts six months and removes light stains from the front of the teeth. This makes them really white and it's a quick process, too. They'll stay white but if you start drinking red wine they'll stain straight away! ●●●●●

● Going upmarket, **Oral B 3D Excel, from £44.99**, will make your teeth feel amazingly clean and removes all stains in less than a month. ●●●●●

● **Sonicare Toothbrush, £65**, has a huge celeb following. Corrie's Jennifer James maintains her squeaky-clean teeth with one of these. It's a high-powered rotating brush that gets in all the nooks and crannies and reduces stains in a month. ●●●●●

Blinding: lovely Cam flashes her megawatt smile



Patsy: and she ain't just had her teeth done



Jenny: J.Yellow to J.Glow in one easy teeth-whitening step